



2024-2025 PARTICIPANT CONTRACT AND PARENTAL CONSENT FORM

Special Note: This form must be completed, signed by the youth participant's parent or legal guardian, and dated after January 1, 2024. The form applies only to the 2024 Fall – 2025 Spring season. It needs to be submitted to your LOCAL Pop Warner organization prior to participation in any programs. **By signing this form, the parent or legal guardian agrees to the terms and conditions outlined below.**

Section I: POP WARNER AFFILIATION

League: Sagebrush Pop Warner Association: Carson City Pop Warner

Section II: YOUTH PARTICIPANT INFORMATION (must match birth certificate)

Last: _____ First: _____ Middle: _____

Date of Birth: _____ Age: _____ Male Female Sport: Football Cheer/Dance

Section III: PARENT/GUARDIAN INFORMATION

Last: _____ First: _____

Address: _____ City: _____ State: _____ Zip: _____

Mobile Phone No: _____ Alternate Phone No: _____

Email: _____ Relationship to Child: _____

Section IV: EMERGENCY CONTACT INFORMATION (if parent/guardian cannot be reached)

Name: _____ Relationship to Child: _____ Phone No: _____

Section V: PARENT/GUARDIAN PERMISSION AND WAIVER

1. **PERMISSION:** I am the parent or legal guardian of the above-named participant. I acknowledge that my child is in good health. I give permission for my child to participate in any and all Pop Warner national, regional, league/conference, association and team/squad activities, including transportation to and from the activities. I give permission for, and assume any and all risk of my child's use of various playing surfaces including natural and artificial grass, cheer mats, hard dirt, and under varying conditions, including, dry, wet and muddy, and I hereby understand that any surface may be regular or irregular.

2. **RISK INFORMATION:** I acknowledge the inherent risk and danger of participation in any sport and I understand that participation in football, cheerleading and/or dance may result in **BODILY INJURY, including by not limited to PARALYSIS, BRAIN INJURY, PERMANENT DISABILITY AND/OR DEATH.** I acknowledge that protective equipment does not prevent all participant injuries and Pop Warner makes no representations or warranties regarding the equipment or its fitness for use. I release, indemnify, hold harmless and waive any claim against the coaches, local, league and regional Pop Warner organization(s), Pop Warner Little Scholars, Inc., and any and all organizers, sponsors, supervisors, participants, and persons transporting my child to and from activities, for any injury to my child whether the result of negligence or for any other cause.



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3. **EMERGENCY MEDICAL AUTHORIZATION:** I give permission for emergency medical/dental treatment or first aid to be administered to my child for any illness/injury/accident resulting from participation in Pop Warner activities.
4. **EQUIPMENT RESPONSIBILITY:** I acknowledge my responsibility for any and all equipment/uniforms loaned to my child and I agree to promptly return, upon request, the uniform and other equipment in good condition except for normal wear and tear. If I fail to comply, I will be responsible for the cost of such equipment/uniform.
5. **INSURANCE DISCLOSURE:** I am aware that my local Pop Warner organization carries group accident medical insurance which is secondary or excess to my insurance which is considered primary insurance. Further, I agree to notify in writing my head coach and local Pop Warner organization of any medical claim from participation in Pop Warner as soon as reasonably possible. I understand that the registration fee is not premium for insurance and that deductibles may apply.
6. **SCHOLASTIC FITNESS:** I confirm that my child is scholastically fit, having met the requirement of 2.0/70%, or that I have completed the scholastic eligibility form or the Home School Eligibility Form and will adhere to all rules and regulations therein. Further, I authorize my child's school to release grades, report cards, and all other scholastic information to the local Pop Warner organization in order to comply with scholastic fitness requirements.
7. **FINANCIAL RESPONSIBILITY:** I acknowledge that my rights, if any, to a refund depends on the local Pop Warner Organization policies, and I have also been advised of my fundraising obligations for the entire season and agree to fully comply with those obligations.
8. **COMMUNICATIONS, PROMOTIONS, AND CONSENT:** As a condition to my child's participation, I consent to receive communications by email and mail from Pop Warner Little Scholars, Inc. and its sponsors. I understand that Pop Warner Little Scholars does not sell its contact list. Communications may contain program information or special offers. I may "opt out" by instruction in the communication or by my written request to the Pop Warner National Office. Further, I grant Pop Warner the right and permission to make, reproduce, broadcast or otherwise use in perpetuity my child's name and likeness including photograph, films, videos, recordings, or other depictions or images in any form or media throughout the universe, for promotional material, advertising, editorial, trade or other purpose. To the extent that any benefit may accrue therefrom, I forever waive any interest in or claim to such benefit and acknowledge that Pop Warner is under no obligation to exercise any rights granted herein.
9. **ADHERENCE TO POP WARNER RULES AND PROCEDURES:** I understand that it is my responsibility to comply with all rules and regulations of Pop Warner Little Scholars Inc and its affiliated organizations and understand that non-compliance may be cause for discipline and/or dismissal of my child, myself, and/or other persons affiliated with me or my child. I further understand that my child must meet Pop Warner age and/or weight requirements on their official certification date as established by Pop Warner without exception and that the decision of the Weigh Master is final. I agree to furnish an authentic certified copy of my child's birth certificate to local Pop Warner officials and understand that valid proof of age, a current calendar year's signed medical form, scholastic fitness form and this form must be presented by date of certification in order to participate in Pop Warner activities. I hereby hold Pop Warner harmless of any financial loss as the result of any disciplinary action.
10. **DISPUTE RESOLUTION POLICY; SEVERABILITY:** I understand and acknowledge that all disputes with Pop Warner and all affiliated parties will be subject to binding arbitration in Langhorne, PA in accordance with Pennsylvania law. I hereby agree that this binding arbitration shall be in lieu of any litigation. I also understand and agree that if I contest any decision or ruling of Pop Warner and seek other recourse, that I will reimburse Pop Warner for all legal fees and expenses it reasonably incurs. If any portion of this form shall be deemed unenforceable, the reminder shall remain in full force and effect.



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Section VI: GENERAL CODE OF CONDUCT

Pop Warner Little Scholars, Inc. is committed to cultivating a safe and welcoming environment for its regional and national events and programs that encourages and promotes good sportsmanship by student-athletes, parents, coaches, administrators and other spectators. We ask that event participants and attendees cooperate in being respectful at all practice and competition venues, partner hotels and/or ancillary venues throughout the course of the event. All those involved with the event are expected to refrain from the following behaviors:

1. Acting in a way that is unruly, disruptive or illegal in nature.
2. Intoxication or other signs of impairment that may potentially result in bad behavior.
3. Excessive use of profanities and other vulgar language that that interfere with other attendees' ability to enjoy the event.
4. Using bigoted, demeaning or abusive or other disruptive and intimidating language and/or gestures.
5. Verbal or physical harassment of officials, participants and coaches before, during and following the competition.
6. Disrupting the progress of competition (including physically entering or throwing objects onto the playing field or competition mat).
7. Interfering with or failing to abide by security or emergency procedures or response
8. Displaying signs that contain offensive language, or any graphic art that may be deemed disrespectful.
9. Defacing, destruction or theft of property associated with the event, including property of the opposing team or other participants, including officials, as well as official venues.
10. Violence or threats of violence against other individuals at any official venue.
11. Publicly criticizing or making derogatory statements of an official, opposing teams, event personnel or its policies, or other individuals associated with the event. This includes comments with respect to their conduct, character, competence, integrity or appearance. Note: social media is deemed a public forum.
12. Failing to follow instructions of event personnel.
13. Any behavior which otherwise violates conduct codes set by partner venues, hotels or ancillary venues including but not limited to theme parks, as enforced by those properties.

Failure to abide by these expectations are grounds for removal from competition. Pop Warner reserves the right to remove individuals or the entire team. Depending on the infraction, a one-year ban from Pop Warner events and programs will be considered. A repeat offense of the same infraction may result in a permanent ban. All removals will be without refund.

Section VII: PARENT/GUARDIAN AUTHORIZATION

In consideration of participation in Pop Warner activities and by my signature below, I confirm that I have read, fully understand and voluntarily agree to be bound by all of the above and that all information provided by me is true and accurate.

Signature of Parent/Guardian: _____ **Date:** _____



2024-2025 YOUTH PARTICIPANT MEDICAL HISTORY FORM

Special Note: This form must be completed thoroughly and honestly, and signed by the youth participant's parent or legal guardian. It is to be completed and dated after January 1, 2024. This form applies to the 2024 Fall – 2025 Spring season and needs to be submitted to your LOCAL Pop Warner organization. This form and its contents will be available to authorized Pop Warner personnel and kept confidential. **By signing this form, the parent or legal guardian agrees to the terms and conditions outlined below.**

Section I: POP WARNER AFFILIATION

League: Sagebrush Pop Warner Association: Carson City Pop Warner

Section II: YOUTH PARTICIPANT INFORMATION (must match birth certificate)

Last: First: Middle:

Date of Birth: Age: Male Female Sport: Football Cheer/Dance

Section III: PRIMARY AND SECONDARY CONTACT

Primary Contact: Parent or Guardian

Last: First:

Address: City: State: Zip:

Mobile Phone No: Alternate Phone No:

Email: Relationship to Child:

Secondary Contact:

Last: First:

Mobile Phone No: Alternate Phone No:

Email: Relationship to Child:

Section IV: INSURANCE INFORMATION

Primary Insurance Company: Primary Group/Policy #: /

Does primary insured have Medicaid? Yes No Does primary insured have Medicare? Yes No

Family Doctor Name: Doctor Phone No:

Section V: MEDICAL HISTORY OF THE YOUTH PARTICIPANT

Please identify and elaborate on any medical conditions which we should be aware (if none, write none):



2024-2025 YOUTH PARTICIPANT MEDICAL HISTORY FORM

Please list any medications currently being taken (if none, write none):

In the past 24 months, has the participant been tested, diagnosed and/or treated for a concussion: Yes No

If yes, provide the specific date and detail on the diagnoses/treatment and the outcome:

List any known allergies (if none, write none):

Date of last Tetanus Toxoid Booster: _____

The purpose of the above information is to ensure that medical personnel have details of any issues which may interfere with or alter medical treatment.

Section VI: PARENT/GUARDIAN CONSENT AND MEDICAL RELEASE

Recognizing the possibility of serious injury, illness or death, and in consideration for Pop Warner Little Scholars, Inc. and its members accepting my child as a participant in its official programs, I consent to my child participating in Pop Warner tackle football, flag football, cheer and / or dance. Further, I hereby release, discharge, and otherwise indemnify Pop Warner, its member organizations and sponsors, their employees, associated personnel, and volunteers, including the owner of fields and facilities utilized for the Programs, against any claim by or on behalf of my child as a result of participating in the Pop Warner programs.

My child has received a physical examination by a licensed health care provider within the past two years and has been found physically capable of participating in the sport of football and/or cheerleading & dance. I have provided written notice, which is submitted in conjunction with this release and attached hereto, setting forth any specific issue, condition, or ailment, in addition to what is specified above, that my child has or that may impact my child's participation in the programs. I give my consent to have an athletic trainer and/or licensed health care provider, including a medical doctor or dentist, provide my child with medical assistance and/or treatment and agree to be financially responsible for the reasonable cost of any such assistance and/or treatment.

Signature of Parent/Guardian: _____ **Date:** _____



SAGEBRUSH POP WARNER
PARENTS MEDICAL RELEASE



In the event of a medical or traumatic emergency, I hereby grant permission for my child, _____ to obtain necessary treatment at the nearest available hospital or treatment facility. I further agree to hold the hospital, treatment facility or Pop Warner Football and Cheer harmless of liability for granting or making available such treatment.

Note any allergies, medications or medical information we should be aware of

I understand that I am responsible for the cost of treatment, subject to available Pop Warner insurance coverage and my own medical insurance coverage.

Parent or Guardian Signature

Date

Name of above, please print clearly

Phone (days)

Phone (evenings/weekends)

Name of Physician:

Name of Dentist:

Primary Insurance Information

Name of Carrier

Group Policy #

I.D. #



Carson City Pop Warner 2024 Rules and Regulations Football



Since 1929, the Pop Warner Football program's philosophy has been: Academics and athletics go hand-in-hand. At every level, Pop Warner Football seeks to develop well-rounded young men and women who learn not only the fundamentals of football or cheerleading, but also the importance of education in an atmosphere conducive to developing sound mind, body, and character - and having a good time along the way!

In an effort to provide a safe, enjoyable and positive football experience for all those involved, it is important to establish a set of guidelines to ensure the full cooperation of all team members at all times. Working within an established set of guidelines and regulations not only provides the football players with a framework of acceptable behavior, but also serves to assist in building and implementing the program.

In any team sport, it is important to be consistent with the enforcement of rules. The following rules and regulations are designed to clarify preexisting rules, and further establish and standardize guidelines for all Carson City Pop Warner teams. Carson City Pop Warner will follow the age/grade placement established by the National Pop Warner guidelines, thereby eliminating any confusion as to where your child will be placed.

We recognize that the large majority of our football players, parents and family members will be committed to the football program and organization as a whole. It is our hope that all members have a positive experience while participating in the Carson City Pop Warner Association programs. The ultimate goal of the Carson City Pop Warner Association is to provide our children with a safe environment where they can develop new skills, learn teamwork and sportsmanship, make friends, and have fun. Nonetheless, as with any large organization, it is important to clearly set forth expectations and consequences so as to minimize misinterpretations should issues arise.

The following Code of Conduct, Rules & Regulations is intended to provide a set of ground rules. We understand that families new to the organization may feel a bit overwhelmed. However, please recognize that these rules are put in place for the few who choose not to follow them, not the majority that would do so under any circumstances. Should you have any questions or concerns, please never hesitate to contact the Athletic Director or another Board Member for clarification.

Conduct:

The Carson City Pop Warner expects all football players to conduct themselves with the highest level of integrity and sportsmanship. Certain behaviors cannot and will not be tolerated by the Association.

The first is any participant who engages in intimidation, bullying, attempting to intentionally harm another player (i.e. intentionally leading with the helmet repeatedly, intentional helmet to helmet contact, etc.), or disrespect for authority during practices, games, or off the field. These activities, when witnessed by CCPW staff, shall be disciplined.

*The first offense is punishable by up to and including a suspension from a game by the head coach (the timing of this suspension shall be at the sole discretion of the head coach).

* A second offense will result in a one-week suspension from the team and shall be at the discretion of the Football Commissioner/Vice President I.

* A third offense will result in suspension from the team for the balance of the season at the discretion of the President of CCPW.

In addition to the above, the Association does not tolerate fighting. A fight is defined as a single punch or kick by one individual to another person (a second party). If the second party does not retaliate, they will not be disciplined unless it is determined that they provoked the fight in any manner. If a fight is witnessed by CCPW staff, both participating parties will be suspended for the remainder of the season without refunds of any kind.



Carson City Pop Warner
2024 Rules and Regulations
Football



General Rules:

1. This is a Pop Warner Association. Board Members, Team Moms and Coaches are volunteers who donate many hours to this organization. Parents, children, family members and guests are expected to communicate and interact with Board Members, Team Moms and Coaches in a respectful manner as more fully set forth in the Code of Conduct.
2. The Pop Warner season runs from August 1 to December 31.
3. Football players must maintain good academic standing of at least a "C" average.
4. Football is a commitment and a team effort. The Coaches need each parent to cooperate with them at all times. Parents are expected to have their child at all practices, games and events dressed, on time, and ready to participate.
5. Each child is required to furnish the Association with a completed and signed current physical/medical form, Players Code of Conduct form, Parents Code of Conduct Players Packet, Copy of Birth Certificate, photo authorization form, a copy of last year's final report card and any other paperwork required by National Pop Warner. ***YOUR CHILD CANNOT PRACTICE UNTIL ALL PAPERWORK IS SIGNED AND TURNED IN.***
6. Parents are encouraged to be present at all practices or make arrangements with another parent to be present. 6U and 8U are **REQUIRED** to have a parent present or make arrangements with another parent to be present at ALL practices.
7. Parents are not to leave their child unattended if unable to locate your team's coach during practice and games. Please do not leave until you have verified a coach or team mom is on the field.
8. Parents must be prompt in picking up their children from practices/games. No child will be left unattended. If you are more than 15 minutes late picking up your child, and have not had direct communication with your coach, team staff has been instructed to contact the local police department for care and custody of your child. Parents should remain in close proximity to the fields and or game locations should the game or practice be called/ended early due to weather and/or emergencies.
9. The use of bad language, tobacco, alcohol, drugs, or criminal behavior will not be tolerated on or off the field. Any of these infractions will lead to disciplinary actions including game suspensions and/or dismissal from the team. Each football player should always work toward being a good example for others. Be proud to wear your uniform and make us proud to have you wear it.
10. Parents of a football player must call the head coach, their assigned coach, or team mom in advance if they will be absent from practice.
11. If your child misses the first day of practice and the coach was not notified of this absence, CCPW has the option to fill his spot on the roster and no refunds will be issued (Refer to Practices #1).
12. It is the parents' responsibility to provide/arrange transportation for his/her child to and from all practices and games. Football players should always be on time and present for all games and practices. Other activities, with the exception of illness, scholastics, religion and emergency family obligations should not interfere with the football schedule.

13. If someone else is picking up the child other than the parent, the head coach, assigned coach or team mom must be notified. A child may only leave with a parent unless advance arrangements have been made.
14. A football player may not be permitted to play if the coach feels that he is not prepared due to missed practices and/or games. This will be solely at the coach's discretion.
15. Repeated absences from practice/games may result in dismissal from the team.
16. It is the parents' responsibility to ensure that the football player has used the restroom before coming to practices and games. Restroom facilities may be limited at practice locations and sometimes not easily accessible during games.
17. **Parents are not permitted on the field or practice areas at any time.** This is for the safety of the children. All Board Members and members of the coaching staff have undergone a background check and have been cleared by Sagebrush Pop Warner.
18. While in attendance on Governors field or any other location, Parents, spectators and players must abide by all rules set forth by that park and or school. **(NO DOGS ALLOWED AT GOVERNORS FIELD)**
19. There is absolutely no drinking of alcoholic beverages, smoking or vaping any substance at any Pop Warner Event. If you are caught you will be asked to leave.
20. Rules are for everyone. Each parent and child must follow all of the rules in order to make this a successful program for everyone. You will be asked to sign an acknowledgment of having received and read these rules. Your child will not be able to participate unless this acknowledgment has been signed by both parent and football player and received by the Association.
21. If you have any questions during the season regarding actions that have been taken toward your child, please follow the proper chain of command. We encourage you to first speak with your head coach to resolve any questions or conflict. Should you be unable to do so, please communicate with the Athletic Director. We invite any questions or suggestions that you might have. The coaches are volunteering their time for the program. All volunteers involved in the program are open to your comments and suggestions; however, please remember that we must always look out for the best interest of your child and the TEAM.

Practices/Games:

22. Practices begin August 1, 2024, from 5:30 PM until 8:00 PM for the first two weeks. Practices will run Monday through Thursday, not to exceed 10 hours per week (Excluding water breaks) until Labor Day. The first 2 weeks of practice is for the purpose of conditioning. All players will be required to complete twenty (20) hours of conditioning. You **MUST** get approval from the Head Coach/Athletic Director if you are unable to begin practice on the designated date or miss any conditioning hours. In the event of a rain-out (weather) there may be a Friday practice scheduled. The practice schedule after Labor Day will not exceed 6 hours per week (Excluding water breaks) and will be held Tuesday, Wednesday, Thursday from 5:30pm-7:30pm.
23. Players are required to wear the gear issued at equipment pickup and are responsible for bringing their own water during practice (MINIMUM OF 32 ounces of water. **SPORTS DRINKS ARE NOT ALLOWED DURING PRACTICE**).

24. Parents are not to leave their child unattended if unable to locate your team's coach(es). Prior to the start of practice there is no supervision and, therefore, parents are responsible for the safety and welfare of their child.
25. For safety reasons, all jewelry, of all kinds shall be prohibited.
26. Long hair must be pulled back and out of players eyes.
27. CCPW considers both Football and Cheerleading a sport which requires physical conditioning and stamina. All players and cheerleaders will be required to participate in the exercise and conditioning portion of practice. In addition, all participants are expected to receive proper nutrition and hydration prior to practices and games to prepare for this physical conditioning.
28. Parents shall report any incidents with another player, coach or parent directly to the **head coach only**. This is so that one individual understands all that is occurring with the team and can determine if any trends are occurring that need to be addressed.
29. Parents will refrain from coaching their children from the sidelines during practices, water breaks and games.
30. Parents shall not pull their child from the practice field without notification from the Head Coach.
31. Games are generally scheduled on Saturdays (Some Fridays) and are mandatory. There will be home and away games. Regular season games may be played anywhere in the Northern Nevada area and will require travel. If games are canceled, make-up games may be scheduled on weeknights. Generally, games start near the first week of September and run through the end of October, with Championship games in November.
32. The Board Members and coaching staff cannot control delays in game time schedules, games starting early, field accommodations and parking at visiting fields.
33. Players are required to be on the field 1.5 hrs. prior to game time. This time will be spent for practice/warm- up. Adequate water shall be provided by the parents to the players during this time period.
34. We respectfully ask that parents not attempt to talk to their players during the game or halftime. The coaches need your players' full attention and your full support on this issue.
35. As parents if you are not pleased with the way the game is going or are frustrated with your player's participation, please do not approach the coaches during or after the game. Please hold your comments and speak to the Head Coach at the following **Practice** to discuss your concerns. The same holds true with regards to practices. If there is a concern, please speak to the Head Coach after or before practice begins.
36. Access to the playing field during games is limited. Only those adults with a current CCPW issued badge will be allowed on the playing field. Exceptions to this rule would be any parent serving in the volunteer positions of the chain gang. In addition, only those players that are currently playing or are warming up are permitted on the playing field or the surrounding area.
37. **Rain or shine, we play!** All football players must report to the field unless notified by the coaching staff. Players will only be released from a game if the referees call the game.

38. Important note: Saturday games are held during the day in the HEAT. Children need to be aware that it is very hot during these games and proper hydration precautions should be followed both during and before the games begin. Likewise, football players should have breakfast or lunch before arriving at the field to avoid illness.
39. At the end of each game, football players must remain with their coach until they are dismissed into the custody of their parent. If someone other than the parent is picking up the child, the coach or team mom must be notified in advance. A child may only leave with a parent unless advance arrangements have been made.
40. It is the responsibility of each player to maintain the football equipment issued to him and return all equipment at the end of the season. Failure to return equipment will result in your child becoming ineligible to play on any Sagebrush Pop Warner team. **EACH PLAYER UNDERSTANDS THAT ALL EQUIPMENT ISSUED TO HIM (THIS INCLUDES 1 MESH BAG, HELMET, CHIN STRAP, SHOULDER PADS, 1 PRACTICE JERSEY, (Players may keep their game jersey), 1 PAIR OF PRACTICE PANTS AND 1 PAIR OF GAME PANTS) IS THE PROPERTY OF CARSON CITY POP WARNER AND IT IS HIS RESPONSIBILITY TO RETURN ALL EQUIPMENT, OR AGREE TO REIMBURSE THE ASSOCIATION \$550.00, FOR THE COST OF THE EQUIPMENT.**
*****CCPW EQUIPMENT MAY NOT BE USED FOR ANY OTHER FOOTBALL PROGRAM.**

Required Equipment:

The following items shall be worn by players in all divisions beginning with physical contact in practice sessions:

1. Helmet, Shoulder Pads, Practice or Game Jersey, Practice Pants or Game Pants, Chin Strap (all furnished by CCPW)
2. Mouth guard (CCPW will supply (1) one mouth guard (or you may use your own)
3. Shoes: non-detachable, rubber cleats
4. Eyeglasses: When worn, shall be of athletically approved or contact lenses.

MANDATORY Parental Involvement:

The success of our Pop Warner organization depends on the volunteerism of our Board Members, coaching staff and parents. It is mandatory for one parent of each football player to volunteer when asked.

Additionally, parents will be expected to assist in providing team snacks and/or drinks for practices and game days as coordinated by the coaching staff.

Adult Code of Conduct in Accordance with National Pop Warner Rules:

In order to uphold the goals of Pop Warner and ensure that all participants have the benefit of a safe and fun learning environment, all parents, guardians and other adults and attendees of Pop Warner events, including but not limited to practices, competitions, and banquets, must behave in a respectful, courteous and sportsmanlike manner at all times.

Parents and other adults are expected to follow the CCPW Parent Code of Conduct. Parents will be required to sign the CCPW Parent Code of Conduct.

 Pop Warner, including the Carson City Pop Warner, reserves the right to suspend and/or remove any individuals from the program for any violation of our Code of Conduct.

In closing, all CCPW football players are:

- Expected to follow all rules and regulations as more fully set forth above.
- Not permitted to chew gum; smoke or use smokeless tobacco or vapor cigarettes; drink alcoholic beverages; use foul language or in any way demonstrate disrespect for fellow team members or coaching staff.
- Expected to demonstrate a winning attitude and foster team spirit through cohesion and commitment to common goals.
- Expected to conduct themselves at games and team events in a manner that demonstrates team pride, positive attitude, and gracious behavior towards competitor teams. This behavior is EXPECTED AT ALL TIMES.
- Prohibited from intimidating a fellow team member, or participating in negative behavior by word and/or physical deed. ***This also applies to the use of social media and other online presence.*** Any such behavior will result in mandatory removal from the team per official Pop Warner Rule Book.

While in a CCPW uniform, the football Player or Cheerleader is prohibited from the use of social media, photography or live demonstrations that use inappropriate signs, gestures, behaviors, and displays of affection or other actions unbecoming to the CCPW image. Any such behavior may result in disciplinary action and/or removal from the team.

Any disciplinary actions taken by the administration of the school where the football player attends that results in out-of- school suspension or otherwise prohibits the child from being on school property will also result in the suspension of the child from the Carson City Pop Warner program for this same duration. Likewise, any other disciplinary actions taken by the school administration and brought to the attention of the CCPW Board shall be addressed and may result in the suspension of the child from the Carson City Pop Warner program.

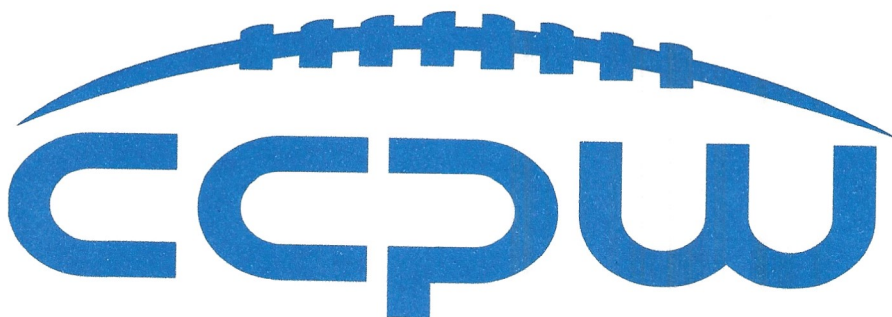
It is understood that these rules and regulations cannot possibly anticipate all circumstances. Therefore, any adjustments to the above repercussions shall be at the sole discretion of the CCPW Board.

LET'S HAVE A GREAT SEASON AND STRIVE TO BE THE BEST OF THE BEST!!!

We want playing football to be a rewarding experience for your child. In order to achieve this goal, we must insist on your cooperation, as well as your child. Pop Warner football is a 4 to 5 month commitment, requiring exercise, hard work, time and dedication. Football Players should want to be there for themselves not because their parents want them there. **Be prepared & fully committed to attend every practice and every game.**

Playing football is a rewarding experience that teaches many life skills. The Carson City Pop Warner program has made every effort to make this a successful season. With cooperation, hard work and dedication, everyone will be a WINNER!!

Good Luck Carson City Senators! Let's have a GREAT season!



The undersigned player, parent or guardian acknowledges that Carson City Pop Warner has adopted a Code of Conduct, Rules & Regulations for players, parents and guardians and that each of the undersigned has individually read, understands, and has agreed to adhere to such currently issued Code of Conduct, Rules & Regulations for Football.

The undersigned state that they clearly understand that violating the Code of Conduct, Rules & Regulations may cause the player to be suspended for a specified or indefinite period of time based on a review and ruling by the Carson City Pop Warner Board and that no refunds will be given.

Player:

I have read, understand, and agree to be held accountable for behavior contrary to the Code of Conduct, Rules & Regulations of the Carson City Pop Warner.

Printed Name: _____

Player's Signature: _____

Date: _____

Parent or Guardian:

I/we have read, understand, and agree to be held accountable for behavior contrary to the Code of Conduct, Rules & Regulations of Carson City Pop Warner.

Printed Name: _____

Parent/Guardian's Signature: _____

Date: _____





CARSON CITY POP WARNER
2024 EQUIPMENT
REQUIREMENTS FOR
FOOTBALL



As a part of registration, shoulder pads, helmets, chin strap, practice jersey, practice pants game jerseys, game pants and a mouthpiece will be provided. However, at a minimum, the following additional equipment will be required to be provided by each player:

- Cleats
- Athletic Cup (Optional)
- Any additional padding or equipment that is desired by the player (Must be approved by Pop Warner and CCPW)

Parent or Guardian:

I have read, understand, and agree to the above requirements and understand that supplying the above equipment, at a minimum, is the parent's and child's responsibility.

Printed Name: _____

Parent/Guardian's Signature: _____

Date: _____



2024 PARENT AND SPECTATOR CODE OF CONDUCT POLICY REFUND POLICY /
LOST EQUIPMENT POLICY / TRAVEL POLICY

All Parents and Spectators must abide by the Code of Conduct /Any violations of this code can result in termination of association participation.

1. At any Pop Warner event, practice, or competition, any adult who: verbally abuses; attempts to intimidate; is flagrantly rude; or cannot control their language or actions with an official, coach, or Pop Warner volunteer shall be asked to leave the Pop Warner event and property that CCPW is responsible for. The adult's participant may also be removed from the event at the discretion of the association's officials.
2. Any adult who commits a second, similar offense shall be removed from Pop Warner events for the remainder of the season and their participants may be removed from CCPW for the remainder of the season. Removal of a participant will be at the discretion of the association's Executive board. No Refund of monies will be executed should a participant/adult be removed from the program.
3. Any adult who physically assaults an official, coach, or Pop Warner volunteer will be banned from Pop Warner and their participants may be removed from the Pop Warner program for one year from the date of the offense. The participant(s) may not participate in another Pop Warner association during the sanction period. After one year, the parent may apply for reinstatement of the participant(s). If the adult commits a second offense, a permanent ban from Pop Warner shall be issued, and the participant(s) may be permanently removed from Pop Warner. The adult's participant(s) may also be removed from Pop Warner at the discretion of the association's Executive board.
4. Carson City Pop Warner has a zero-tolerance policy regarding being under the influence of drugs or alcohol; consuming drugs or alcohol; and distributing drugs or alcohol at all Pop Warner games and practices. Adults who violate this will serve a two-week suspension from all Pop Warner activities. A second violation will bring a one-year suspension for the adult offender. A third offense will be a permanent expulsion from CCPW for the adult and participant(s).
5. All adults shall execute an acknowledgment of the adult behavior policy at the time of enrollment of the participant(s) in the Carson City Pop Warner organization.
6. The term "physical assault" shall include, but is not limited to, hitting, slapping, pushing, spitting, kicking, or striking in any way with any part of the body or any physical implement.

CARSON CITY POP WARNER PARENT/SPECTATOR CODE OF CONDUCT

1. I will not criticize the Association, board members, coaches, participant(s) in public (including on social media, Team App/Sports Engine or any application used specifically by Coaches and Parents for team communication) but reserve constructive criticism for later, in private, with those involved.
2. I understand that there is a PROPER CHAIN OF COMMAND when issues/complaints arise within respective CCPW teams. This chain of command begins with the HEAD COACH of your team, if your issue is not resolved, you may escalate to a BOARD MEMBER (Emails listed on carsoncitypopwarner.org) If issues/complaints are not resolved at the Board Member level, then you may contact SAGEBRUSH POP WARNER (emails listed on sagebrushpopwarner.com). Be prepared to show proof that the chain of command was followed when escalating to the next level.
3. I will accept decisions of the game officials on the field as being fair and called to the best ability of the officials.
4. I will not criticize an opposing team, its participant(s), coaches, fans by word of mouth or by gesture.
5. I will emphasize with my child that good athletes strive to be good students that are physically and mentally alert.
6. I will strive to make every football/cheerleading activity serve as a training ground for life, and a basis for good mental and physical health by being there to support my child.
7. I will emphasize that winning is the result of good "TEAMWORK".
8. I will refrain from talking to my participant(s) during games and practices.
9. I understand that any fan that becomes a nuisance and out of control shall be asked to leave.
10. I will refrain from using abusive and profane language at all times.
11. My appearance will be appropriate for a youth event.
12. I will not deliberately incite unsportsmanlike conduct.
13. I will abstain from drinking alcoholic beverages and using tobacco products (Smoking, Vaping, Chewing) at both the game and practice fields.
14. I will support all fundraisers and other Association activities.

15. I will be responsible for completing and returning all paperwork during the season on time.
16. I understand I will be required to volunteer where needed during association functions.
17. I will not do anything that will be detrimental to the team and/or association.
18. I will be responsible for getting and picking up my participant(s) on time from all association functions and I understand that some younger teams (6U, 8U TM, MM) require that parents STAY FOR THE DURATION OF PRACTICE.
19. I will be responsible for all my participant(s) equipment and uniforms. I will replace anything that is lost, stolen, damaged due to misuse or not turned in at the end of the season.
20. I will uphold all Rules, Regulations, National and local, regarding Pop Warner Football, Cheerleading and Dance.
21. Any violations of the code of conduct can result in termination of Association participation.
22. I understand that if my participant(s) misses one or more practice(s) during the week, my participant(s) may or may not participate in the following weekend's game due to safety reasons.
23. I understand that if my participant(s) is late to game day my HEAD COACH may decide that my participant(s) is not eligible for game play.
24. I understand that my HEAD COACH may create rules that apply to his/her own team and that my participant(s) and I are expected to follow these rules etc. Board Members cannot and will not pressure Head Coaches to change their rules (As long as they are in line with National and Regional Pop Warner rules)
25. I understand that it is a privilege and not a right to participate in the CCPW program.

REFUND POLICY

There will be ABSOLUTELY NO REFUNDS after 8/05/2024.

All equipment and uniforms must be turned in prior to a refund being issued. Refunds requested after equipment/Cheer Fittings will be reduced by any costs incurred by CCPW on behalf of your child. If a jersey or Cheer Uniform has been purchased it will be made available for pickup.

LOST EQUIPMENT POLICY

All football equipment is to be returned to Carson City Pop Warner at the end of each season. Equipment must be turned in to the Equipment manager on a date to be determined. Equipment

not turned in by the deadline date is considered lost or stolen and is subject to an equipment fee of \$550.00 for football equipment plus any cost associated with legal fees.

TRAVEL POLICY

Any costs associated with travel are the responsibility of the parent. If a team advances to regionals and/or nationals, the parents/guardians are financially responsible for travel, lodging, meals. Each team that advances can and should fundraise for potential travel expenses.

If a team raises monies for travel but does not move on to regionals, the monies will be put into the following year's travel fund.

Carson City Pop Warner will maintain separate travel funds for football and cheer. All fundraisers must be approved by the Carson City Pop Warner Board prior to any fundraising beginning.

As a parent of a CCPW participant I agree to follow all rules and regulations within the:

**2024 PARENT AND SPECTATOR CODE OF CONDUCT POLICY REFUND POLICY /
LOST EQUIPMENT POLICY / TRAVEL POLICY**

Parents Signature

Participants Name:

Print Name:

Date:



Pop Warner Little Scholars, Inc.
2024 PHYSICAL FITNESS & MEDICAL HISTORY FORM

Section II: THIS SECTION MUST BE COMPLETED ONLY BY A LICENSED MEDICAL PROFESSIONAL ON OR AFTER JANUARY 1ST of the CURRENT CALENDAR YEAR.

This form must be completed in its entirety **ONLY** by a Licensed State Examiner (medical doctor, nurse practitioner, etc. – this may vary by state). **NO** other forms are acceptable unless Section II is modified or substituted **ONLY** to comply with local and/or state laws **OR** because of medical practitioner regulations (i.e. the medical practice insists on its own form).

Name of Participant: _____

(Please check the following if healthy or note otherwise):

Height _____	Weight _____	Eyes	<input type="checkbox"/>
Ears <input type="checkbox"/>	Mouth <input type="checkbox"/>	Nose & Throat	<input type="checkbox"/>
Respiratory <input type="checkbox"/>	Cardiovascular <input type="checkbox"/>	Neurological	<input type="checkbox"/>
Musculoskeletal <input type="checkbox"/>	Dermatological <input type="checkbox"/>	Blood Pressure	<input type="checkbox"/>

Date of last Tetanus Toxoid Booster: _____

I hereby certify that I am a licensed state examiner and have examined the above named individual and understand that he/she will be participating in Pop Warner football, cheer or dance programs. I hereby attest that this individual is physically fit and has no medical condition which would prevent this individual from participating in Pop Warner activities for the 2024 season. I am therefore clearing this individual for athletic participation without limitation.

Please indicate medical profession (M.D., D.O., R.N., etc.) _____

Are you licensed in your state to perform physical examinations? YES NO

Today's Date: _____

Please sign and fill out the following information OR place Official Medical Practice Stamp here:

Signature _____

Printed Name _____

Address _____ City _____ State _____ Zip _____

Phone _____ Fax: _____

Email/Website: Email _____ (Optional)

Note to Pop Warner participants: If you're uploading this signed document directly into your participant profile within the Sports Connect roster system, please make sure each page includes a proper signature. It will not be accepted without signatures. Documents can be scanned as PDF files from your smartphone or tablet. **CLICK HERE** to learn how.

FOOTBALL & Cheer Important Dates

Carson City Pop Warner
2024 Season

REGISTRATION CLOSES JUNE 22, 2024

CHEER UNIFORM FITTINGS JUNE 29, 2024
INFORMATION WILL BE POSTED ON SPORTS ENGINE

FOOTBALL EQUIPMENT HANDOUTS
JULY 8, 2024-JULY 12, 2024
INFORMATION WILL BE POSTED ON SPORTS ENGINE

FIRST DAY OF PRACTICE
AUGUST 1, 2024 5:30PM-8:00PM

PHYSICALS DUE AUGUST 1, 2024
EACH PARTICIPANT MUST HAVE A COMPLETED PHYSICAL
TO TAKE THE FIELD

MANDATORY CONDITIONING
AUGUST 1, 2024-AUGUST 13, 2024

SENATOR SATURDAY
AUGUST 17, 2024 8:00AM-11:00AM

PRE SEASON GAMES
AUGUST 24, 2024

REGULAR SEASON GAMES BEGIN
AUGUST 31, 2024



For more information go to:
www.casoncitypopwarner.org



08 AUGUST 2024

SUN	MON	TUE	WED	THU	FRI	SAT
Cheer Fittings June 29th Equipment Handouts July 8th-July 12th						
	Practice Conditioning 2.5 Hours 5:30pm-8pm	Practice Conditioning 2.5 Hours 5:30pm-8pm	Practice Conditioning 2.5 Hours 5:30pm-8pm	First Day of Practice Conditioning 2.5 Hours 5:30-8:00pm	Practice Conditioning 2.5 Hours 5:30pm-8pm	
	Practice Conditioning 2.5 Hours 5:30pm-8pm	Practice Conditioning 2.5 Hours 5:30pm-8pm	Practice Conditioning 2.5 Hours 5:30pm-8pm	Practice Conditioning 2.5 Hours 5:30pm-8pm	Practice Conditioning 2.5 Hours 5:30pm-8pm	Senator Saturday
CCPW Board Meeting Location/Time TBD	Practice Conditioning 2.5 Hours 5:30pm-8pm	Practice Conditioning 2.5 Hours 5:30pm-8pm	Practice Conditioning 2.5 Hours 5:30pm-8pm	Practice Conditioning 2.5 Hours 5:30pm-8pm	Practice Conditioning 2.5 Hours 5:30pm-8pm	Pre Season Games
	Practice Conditioning 2.5 Hours 5:30-8:00pm	Practice Conditioning 2.5 Hours 5:30-8:00pm	Practice Conditioning 2.5 Hours 5:30-8:00pm	Practice Conditioning 2.5 Hours 5:30-8:00pm	Practice Conditioning 2.5 Hours 5:30-8:00pm	Week 1 Games Friday or Saturday Location/time TBD

09 SEPTEMBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
		Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Week 2 Games Friday or Saturday Location/Time TBD	
		Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Week 3 Games Friday or Saturday Location/Time TBD
CCPW Board Meeting Location/Time TBD		Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Week 4 Games Friday or Saturday Location/Time TBD
		Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Week 5 Games Friday or Saturday Location/Time TBD

10 OCTOBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
Football Cheer Photos	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Week 6 Games Friday or Saturday Location/Time TBD	
	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Week 7 Games Friday or Saturday Location/Time TBD
		Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Play offs Games Friday or Saturday Location/Time TBD
CCPW Board Meeting Location/Time TBD	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Play offs Games Friday or Saturday Location/Time TBD
	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Practice 5:30-7:30pm	Halloween No Practice



11 NOVEMBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
Locals Cheer Comp		Practice For advancing Teams 5:30-7:30pm	Practice For advancing Teams 5:30-7:30pm	Practice For advancing Teams 5:30-7:30pm		Snow Bowl Championship Location/Time TBD
CCPW Board Meeting Location/Time TBD		Equipment Turn Ins (Tentative) Practice For advancing Teams 5:30-7:30pm	Practice For advancing Teams 5:30-7:30pm	Practice For advancing Teams 5:30-7:30pm		Regional Championship Location/Time TBD
Regional Cheer Comp		Equipment Turn Ins (Tentative) Practice For advancing Teams 5:30-7:30pm	Practice For advancing Teams 5:30-7:30pm	Practice For advancing Teams 5:30-7:30pm		

All scheduled practices, games and events are subject to change.